



JOB DESCRIPTION

Psychosocial Youth Coach

Clinical Support · Sessional · September 2026 Urban Ronin CIC · Leicester

Note on rate: The indicative rate for this role is approximately £78 per session. This is subject to confirmation against the finalised grant budget. The confirmed rate will be communicated to candidates before any offer is made.

ROLE AT A GLANCE

Organisation	Urban Ronin CIC — Registered Community Interest Company
Role Title	Psychosocial Youth Coach
Role Type	Clinical Support — Sessional
Rate	~£78 per session (subject to budget confirmation — 16 sessions)
Commitment	5.5 hours per week 16 weekly sessions, September–December 2026
Location	Leicester (Destination to be confirmed)
Project End	February 2027 (data analysis and reporting)
Status	Actively Recruiting
Reporting To	Psychology Lead (DSL)
DBS Required	Enhanced DBS with Children's Barred List — mandatory

JOBSUMMARY

About the Role

An exciting opportunity has arisen for a Psychosocial Youth Coach to join the Urban Ronin CIC delivery team for our September 2026 pilot programme in Leicester.



Urban Ronin CIC is a psychologically planned intervention for young people in Years 7–9 at risk of school exclusion. This is not a sports club, not a conventional alternative provision. The Psychosocial Youth Coach supports the delivery of structured therapeutic group work alongside the Psychology Lead, bringing psychological theory into the session in accessible, practical terms.

This post involves working with a demanding cohort of young people who have undiagnosed or unmet needs; frequently including neurodevelopmental difficulties, trauma histories, and significant difficulties with emotional regulation. You will be expected to assist the head BJJ coach in delivering a structured BJJ programme as well as plan, deliver and participate in psychological group work under the supervision of a Forensic Psychologist for young people. The roll requires you to participate in reflective practice and clinical supervision, and to respond confidently and calmly to presenting crisis and dysregulation within sessions.

The role is primarily relational. Your ability to build consistent, genuine therapeutic relationships with young people who have been failed by conventional provision is more important than any qualification. The clinical framework and clinical oversight are provided by the Psychology Lead. What you bring is warmth, consistency, and the capacity to hold a young person steadily when things are hard.

Urban Ronin is a therapeutic community informed intervention — one where young people have an equal stake in their support and participation. The Psychosocial Youth Coach is a core part of that community, not a support function at its edges.

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The Programme

Urban Ronin CIC delivers a 16-week programme integrating three blocks; Strength & Conditioning, Therapeutic Group Work, and Brazilian Jiu-Jitsu. The programme is structured around four interlocking clinical constructs: Relationships, State Regulation, Trait Regulation, Reflection, and Reintegration.

The programme is grounded in Haigh's (2013) therapeutic community quintessence's: attachment, containment, communication, inclusion and agency and draws on peer reviewed evidence across neurobiological, psychological and criminological domains. Pilot findings will be submitted for peer reviewed academic publication.

Where operationally and safeguarding requirements allow, all staff participate across all three programme blocks. Shared physical endeavour (staff and young people together) is the primary trust building mechanism, validated by trauma-informed physical activity research as a critical condition for building trust and modelling behaviour by action, not just talk.

The Psychosocial Practitioner operates within a clinically governed environment led by an HCPC-registered Senior Forensic Psychologist who holds the Designated Safeguarding Lead role. You will receive clinical supervision and reflective practice support throughout the pilot.



Key Responsibilities

Therapeutic Group Work

- Co-facilitate the therapeutic group work block alongside the Psychology Lead, incorporating psychoeducation, PSHE, ASDAN portfolio work, and community meeting
- Support young people to move from implicit emotional reaction to explicit self understanding, working within the Regulation → Reflection → Reintegration framework
- Hold the group therapeutically during difficult moments — containment is a skill, not a personality trait, and will be modelled as such
- Contribute to the community meeting as a full participant, embodying the community principles alongside the cohort rather than above it
- Assist with ASDAN portfolio documentation and evidence gathering for each participant across the programme

BJJ Curriculum Delivery

- Assist the Head BJJ Coach in planning and delivering a structured, trauma-informed BJJ curriculum appropriate for young people at risk of exclusion
- Act as Uke or support class demonstrations, modelling correct technique, emotional regulation, and consent-based contact throughout
- Support participants to correctly apply techniques in a sensitive, trauma-informed and consent-based way, adjusting approach based on individual need and presentation
- Contribute to the assessment of each participant's readiness to earn a Sparring Card, evidencing appropriate competence, emotional regulation, and interpersonal safety
- Facilitate structured sparring opportunities at the close of each session for those who have demonstrated readiness
- Model and actively teach emotional self-regulation during physical engagement — including the management of frustration and aggression — maintaining calm at all times, even when the young person cannot

Professional Conduct and Safeguarding

- Maintain professional boundaries at all times, recognising the vulnerability of the cohort and the heightened safeguarding context of working with children at risk of exclusion
 - Contribute to session notes, risk monitoring, and any safeguarding concerns in line with Urban Ronin CIC safeguarding policy
 - Participate in reflective supervision and team debrief following each session
 - Adhere to the Urban Ronin Staff Code of Conduct, including social media policy and safer recruitment obligations
- ### Programme Support
- Support the Psychology Lead in planning and debriefing each session
 - Contribute to outcome data collection at T0, T8 and T16 as directed



- Assist with the administration of validated outcome measures — SDQ, WEMWBS, GBO — under the direction of the Psychology Lead
- Participate in team development and ongoing programme evaluation

PERSON SPECIFICATION

Who We Are Looking For

Education and Qualifications

Essential	Desirable
<ul style="list-style-type: none">• Education level at NVQ Level 3 or higher• Evidence of continuing professional development relevant to education, mental health, SEMH or therapeutic work	<ul style="list-style-type: none">• Degree in Psychology, Teaching, Social Work, Counselling or related discipline• Postgraduate study in psychology, psychosocial intervention or therapeutic community practice• ASDAN facilitator qualification or experience

Experience and Knowledge

Essential	Desirable
<ul style="list-style-type: none">• Blue Belt (minimum in Brazilian Jui Jitsu)• Experience or willingness to co-facilitating structured group work or therapeutic groups• Experience or willingness to work within a multidisciplinary or multi-agency team• Knowledge of safeguarding responsibilities when working with children and young people• Understanding of the impact of trauma, adversity and unmet need on adolescent behaviour	<ul style="list-style-type: none">• Experience of working with young people, those with mental health, SEMH or behavioural difficulties• Experience working in education, forensic, youth justice, CAMHS, alternative provision or residential care settings• Experience of working with young people at risk of exclusion or with persistent disengagement from education• Understanding of therapeutic community principles (Haigh, 2013)• Familiarity with outcome measurement tools — SDQ, WEMWBS, GBO or equivalent• Interest in or participation in martial arts, combat sports or structured physical activity• Experience of reflective practice and clinical supervision



Skills and Abilities

- Ability to build consistent, genuine therapeutic relationships with young people who are actively resistant to adult relationships
- Capacity to remain calm, boundaried and non-reactive when young people are dysregulated, verbally aggressive or in crisis
- Strong verbal communication: able to translate complex psychological concepts into accessible language in real time
- Ability to physically participate in programme blocks including S&C and BJJ as required
- Good written skills for session records, safeguarding documentation and ASDAN portfolio support
- Commitment to reflective practice, honest self-appraisal and ongoing professional development
- Ability to hold appropriate professional boundaries whilst remaining genuinely warm and consistent

Other Requirements

- Commitment to the values of the Urban Ronin Code and willingness to model them publicly in session
- Reliable, consistent attendance across all 16 sessions
- Willingness to engage in physical activity as part of the programme model

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Mandatory Requirements

The following must be in place before the first delivery session. Urban Ronin CIC cannot offer a start date until all requirements are confirmed.

Enhanced DBS	Enhanced Disclosure and Barring Service check with Children's Barred List — Urban Ronin CIC will facilitate
Safeguarding Training	Safeguarding in Sport (High Speed Training online — provided free of charge)
Safer Recruitment	Completion of Urban Ronin CIC safer recruitment process including reference verification and employment history check
Induction	Urban Ronin CIC programme induction — programme framework, clinical protocols, safeguarding, Urban Ronin Code

Note: This post is subject to the Rehabilitation of Offenders Act (Exceptions Order) 1975. A submission for Enhanced Disclosure will be made to the Disclosure and Barring Service. The existence of a criminal record will not necessarily prevent appointment — each case is considered individually in accordance with Urban Ronin CIC's safer recruitment policy.



WHAT WE OFFER

Working at Urban Ronin CIC

Urban Ronin CIC is built on a principle of fair pay from day one. All rates are benchmarked against NHS AfC scales and UK freelance market data. We do not ask anyone to work for goodwill or exposure.

Rate	~£78 per session — 16 sessions (subject to budget confirmation)
Clinical Supervision	Individual and group clinical supervision from HCPC-registered Forensic Psychologist throughout the programme
Reflective Practice	Structured team reflective practice and debrief after each session
CPD	Supervised exposure to therapeutic community model, traumainformed practice, and forensic psychology-led alternative provision
Reference	Professional reference on completion of pilot
Publication	Named acknowledgement if pilot findings are published (subject to consent)

This is a pilot programme. Our intention is to build a sustainable staff team that grows with the organisation. The Psychosocial Practitioner role is expected to continue and develop if the pilot evaluation supports programme continuation.

SAFEGUARDING

Our Commitment to Safeguarding

Urban Ronin CIC is committed to safeguarding and promoting the welfare of children and young people. All posts are subject to an Enhanced DBS check with Children's Barred List check. References will be sought and verified before any appointment is confirmed.

This organisation follows safer recruitment procedures aligned with Keeping Children Safe in Education 2025 and Working Together to Safeguard Children 2026. The Designated Safeguarding Lead is an HCPC-registered Senior Forensic Psychologist.

Appointment to this role is subject to satisfactory completion of all safer recruitment requirements. Urban Ronin CIC operates a single central record in compliance with statutory requirements.



HOWTOAPPLY

Application

To apply for the Psychosocial Practitioner role, please send the following to info@urbanronin.co.uk:

- A current CV including full employment history with dates — please account for any gaps
- A covering letter of no more than one page explaining why this role and why Urban Ronin
- Details of two professional referees (referees will not be contacted without your prior consent)

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info@urbanronin.co.uk

www.urbanronin.co.uk

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